



Pacifica School District

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Preparing Students for an Evolving World

www.pacificasd.org

MEMORANDUM

Office of the Superintendent

Meeting of

March 2, 2016

TO: Board of Trustees
FROM: Wendy S. Tukloff, Ed.D., Superintendent
SUBJECT: Sexual Health Education Curriculum Adoption: Puberty Talk

Background

Beginning January 1, 2016, new laws go into effect that change Comprehensive Sexual Health Education and HIV/AIDS Prevention Education. The California Comprehensive Sexual Health Education Act, California Education Code (EC) sections 51930-51939, has two primary purposes:

1. To provide a pupil with the knowledge and skills to protect his or her sexual and reproductive health from unintended pregnancy and STDs (sexually transmitted diseases);
2. To encourage pupil to develop healthy attitudes concerning adolescent growth and development, body image, gender roles, sexual orientation, dating, marriage, and family.

In review of the current Pacifica School District Sexual Health Education Curriculum, our instructional materials are no longer compliant. As shared at the February 3, 2016 Board of Trustees meeting, we reached out to Health Connected for support. Health Connected is a non-profit corporation which serves students and families through its sexual health education programs in the San Francisco Bay Area and offers its curricula and training to educators throughout the country. Health Connected's mission is to help young people feel confident and supported to make informed decisions about their own sexual health. The Pacifica School District Board of Trustees approved the adoption of Teen Talk, their middle school curriculum.

We are now prepared to bring forward the elementary program for adoption consideration. **Puberty Talk**, is a curriculum for Grades 5 and 6 (PSD will provide the instruction to grade 5) that addresses changes during puberty, reproductive anatomy, pregnancy, decision-making, personal boundaries, and communication with parents/trusted adults. This program is California Education Code compliant and California Health Content Standards for Growth, Development and Sexual Health aligned.

Seva Steel is to be commended for taking the lead on this process. We thank her for all her work in organizing the process:

1. Committee meeting with Health Connected
2. Administrator input at leadership and curriculum meetings
3. Teacher input
4. Parent input

We have received positive responses regarding the curriculum and implementation design. Based on the feedback provided, the implementation design will be a Health Connected Educator Staff providing five, one hour in-classroom sessions for all grade 5 classrooms with the support of the teacher (See attached service agreement) and a parent workshop at a cost of \$11,400.