

# Pacifica School District Student Wellness Plan



*Update 4.26.17*

Wellness Committee met to review the PSD Student Wellness Plan twice during the 2016-2017 school year and have the following recommendations:

1. Recruit parent and student representatives to be on the committee
2. Check in with administrators through Leadership Council to monitor the implementation of the Wellness Plan
3. Survey teachers about the implementation of health curriculum
4. Revise the language to reflect change from Child Nutrition Manager to Child Nutrition Supervisor
5. Add one item under Requirement #1: Other School-based Learning Experiences

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## Action Items:

- Change *Child Nutrition Services Director* to *Child Nutrition Supervisor*
- Delete second sentence in second bullet under Nutrition Education (Requirement #1) as it is redundant and already stated in third bullet
- Add under “Other School-based Learning Experiences (Requirement #1):  
*Schools will utilize the PSD social-emotional learning (SEL) matrix to integrate the 5 core competencies (self management, responsible decision making, relationship skills, social awareness, self awareness) into identified content area standards.*

# Thank you!

Resources:

[PSD Wellness Plan](#)

[Revised PSD Wellness Pan](#)