



Pacifica School District

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Preparing Students for an Evolving World

www.pacificasd.org

MEMORANDUM

Integrated Services and Human Resources

Meeting of

4/26/17

TO: Wendy S. Tukloff, Ed.D., Superintendent
For Board of Trustees

FROM: Ray Avila, Associate Superintendent

SUBJECT: Health and Wellness: Wellness Committee Update
(Action)

Recommendation-

It is recommended the Board of Trustees approve the suggested changes to the PSD Wellness Plan.

Background-

The Pacifica School District Student Wellness Plan requires that the Wellness Committee meet twice annually to review the District's progress and propose any updates to the plan. The committee met on November 28th, 2017, and recently met on April 5th, 2017. The Wellness Committee reviewed the Wellness Plan and made recommendation to add language that supports daily Social Emotional Learning (SEL) instruction in the classroom. The committee also made minor edits to existing language within the plan and suggested actions for the upcoming school year.

A PowerPoint presentation is attached for review. Also attached is a current copy and a suggested revised copy of the PSD Wellness Plan.

Seva Steel, Chair of the Committee, will make a presentation to the Trustees to review the committee's recommendations, answer any questions, and receive suggestions.