



# Pacifica School District

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*Preparing Students for an Evolving World*

www.pacificasd.org

## MEMORANDUM

*Integrated Services and Human Resources*

Meeting of

6/15/16

**TO:** Wendy S. Tukloff, Ed.D., Superintendent  
For Board of Trustees

**FROM:** Ray Avila, Associate Superintendent

**SUBJECT:** Health and Wellness: Wellness Policy (Goal: LCAP #7)

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### **Background**

The Pacifica School District Student Wellness Plan requires that the Wellness Committee meet twice annually to review the District's progress and propose any updates to the plan. The committee recently met on March 23<sup>rd</sup>, 2016. The Wellness Committee reviewed the Local Control Accountability Plan (LCAP), specifically goal #7 titled "*Enhance student connectedness by providing a welcoming and positive school climate that fosters a sense of belonging*" in relation to how the actions embedded in this goal reflect a student's social and emotional well being that continues to be a focus area of the current PSD Wellness Plan. The committee also reviewed the new Health Education curriculum that focuses on sex education.

Seva Steel, Chairperson of the PSD Wellness Committee, presented to the trustees at the April 20<sup>th</sup> Board meeting suggested revisions for the PSD Wellness Policy. The suggested revisions are lined out in the attached policy for the Board's review.