



# Pacifica School District

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*Preparing Students for an Evolving World*

[www.pacificasd.org](http://www.pacificasd.org)

## MEMORANDUM

*Integrated Services and Human Resources*

Meeting of

4/20/16

**TO:** Wendy S. Tukloff, Ed.D., Superintendent  
For Board of Trustees

**FROM:** Ray Avila, Associate Superintendent

**SUBJECT:** Health and Wellness: Wellness Committee Update

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### **Background**

The Pacifica School District Student Wellness Plan requires that the Wellness Committee meet twice annually to review the District's progress and propose any updates to the plan. The committee recently met on March 23<sup>rd</sup>, 2016. The Wellness Committee reviewed the Local Control Accountability Plan (LCAP), specifically goal #7 titled "*Enhance student connectedness by providing a welcoming and positive school climate that fosters a sense of belonging*" in relation to how the actions embedded in this goal reflect a student's social and emotional well being that continues to be a focus area of the current PSD Wellness Plan. The committee also reviewed the new Health Education curriculum that focuses on sex education.

Seva Steel, Chair of the Committee, will make a presentation to the Trustees to review the committee's recommendations, answer any questions, and receive suggestions.